

# POST-VIEWING ACTIVITY

(The word “white” is sometimes used to refer specifically to skin colour, but it is also used as a shorthand reference to whiteness; that is, to the social meaning attached to the privileges and power that people who appear white receive because they are not subjected to the racism faced by people of colour and Indigenous people. Whiteness is multidimensional: this means the privileges and power associated with whiteness may manifest at the individual, communal and systemic level. It is a state of unconsciousness: whiteness is often invisible to white people, and this perpetuates a lack of knowledge or understanding of the difference which is a root cause of oppression (hooks, 1994). Cultural racism is founded in the belief that “whiteness is considered to be the universal... and allows one to think and speak as if whiteness described and defined the world” (Henry & Tator, 2006, p. 327). It shapes how white people view themselves and others, and places white people in a place of structural advantage where white cultural norms and practices go unnamed and unquestioned.” (adapted from Calgary Anti Racism Education, 2021).

Please reflect on the following questions, in light of the film and the definition above

- **What examples of whiteness can you identify in the film?**
  
- **What is an example of white privilege?**
  
- **What is one step you and others might be able to take to identify and confront whiteness?**
  
- **Beyond the film, what examples of whiteness can you see in your everyday life?**